Routes with a max grade of +/- 4.0% (hills on the Classic Route are also ridden by Hammer riders):

Classic Route - Day 1



1. Traders Blvd, Mississauga – km 15.5

• Length: 3.5km

Elevation Gained: 45m
Elevation Lost: 16m
Avg Grade: +1.1%
Max Grade: +4.6%



2. Financial Dr, Mississauga – km 31.0

• Length: 750m

• Elevation Gained: 15m

Elevation Lost: 0m

Avg Grade: +2.3%

• Max Grade: +4.8%



3. Campbellville Rd, Flamborough – km 67.3

• Length: 2.6km

Elevation Gained: 37mElevation Lost: 29m

Avg Grade: +0.5%

• Max Grade: +4.1% (-2.7%)



4. Valley Rd/York Rd, Hamilton – km 93.7

• Length: 2.3km

Elevation Gained: 0m
Elevation Lost: 104m
Avg Grade: -4.1%
Max Grade: -7.7%

Hammer Route



1. Mississauga Rd, Caledon – km 50.3

• Length: 2.3km

Elevation Gained: 76m
Elevation Lost: 3m
Avg Grade: +3.5%
Max Grade: +4.4%



2. Chinguacousy Rd, Caledon – km 56.1

• Length: 2.0km

Elevation Gained: 76m
Elevation Lost: 4m
Avg Grade: +3.5%
Max Grade: +5.4%

Niagara Start



1. St Paul St W, St Catharines – km 28.2

• Length: 1.0km

Elevation Gained: 15mElevation Lost: 15mAvg Grade: -0.1%

• Max Grade: -6.3% (+6.0%)



2. Fly Rd, Lincoln – km 41.8

Length: 495m

Elevation Gained: 14mElevation Lost: 0mAvg Grade: +1.2%

• Max Grade: +4.8%



3. Escarpment Rail Trail, Hamilton – km 87.7

• Length: 3.0km

Elevation Gained: 8mElevation Lost: 81mAvg Grade: -2.5%

• Max Grade: -8.2%

Classic Route - Day 2



1. Escarpment Rail Trail, Hamilton – km 8.9

• Length: 3.0km

Elevation Gained: 78mElevation Lost: 8m

Avg Grade: +2.5%Max Grade: +8.2%



2. Mountain Rd, Lincoln – km 55.5

• Length: 2.6km

Elevation Gained: 0mElevation Lost: 93mAvg Grade: -3.9%

• Max Grade: -6.0%